OCTOBER 2020

SENIOR CONNECT VIRTUAL PROGRAMS

WEEK OF OCT. 3-9 (CONTINUED)

	EXERCISE/ WELLNESS	ART/COOKING/ GAMES	MUSIC/DANCE THEATRE	EDUCATION	OTHER
THURS 10/8	Baptist Exercise Classes Baptist Health South Florida	**Senior Game Day** Virtual Bingo CLICK HERE to register 11am-12pm	Music Sing Alongs for Seniors YouTube	C.A.M.P: Planting with Thi 2pm Baptist Health South Florida	
FRI 10/9	Baptist Exercise Classes Baptist Health South Florida	**Village of Pinecrest** Virtual Bingo 10-11am gzoghbi@pinecrest-fl.gov to register	The Metropolitan Opera Nightly Encore Performance 7:30pm The Metropolitan Opera	English Conversation Circle 4-4:30pm miami-dade public library system	

ABOUT

Enjoy the many virtual programs being offered in partnership with several organizations ,our sister cities, and other social media platforms. Many of these programs are FREE. Some dance/art classes will remain on the calendar for 2 weeks to allow you more time to practice .

****Programs advertised with no times allows you to participate at your own pace.**

BAND APP

Senior Connect

STAY CONNECTED WITH VILLAGE SENIOR PROGRAMS & HAPPENINGS

JOIN THE "SENIOR CONNECT" BAND APP. SIMPLY POINT YOUR PHONE CAMERA TO THE QR CODE TO JOIN TODAY! !

FOR MORE INFO

IF YOU HAVE ANY QUESTIONS, PLEASE EMAIL EVENTS@PALMETTOBAY-FL.GOV OR MESSAGE US USING THE "SENIOR CONNECT" BAND APP.