

Palmetto Bay Park Recreational Programs	
Ballet at the Park	Mondays – Thursdays 4:00pm-7:00pm
MDI Basketball	Mondays – Fridays 6:00pm-9:00pm
Miami Lady Canes Softball	Mondays – Thursdays 6:00pm-10:00pm
Miami Stingrays Softball	Mondays – Thursdays 6:00pm-10:00pm
Miami Waves Softball	Mondays – Thursdays 4:00pm-8:00pm
I9 Sports – Flag Football/Soccer/T-Ball	Saturdays 9:00am-1:00pm

Coral Reef Park Recreational Programs	
Mondays – Fridays	Tennis Lessons – 8:00am-12:00pm & 3:00pm-9:00pm Palmetto Bay Broncos Football & Cheerleading – Practice 6:00pm-8:00pm
Mondays, Wednesdays, Fridays	Palmetto Bay Soccer – Practice 4:00pm-7:00pm (Beginning August 29)
Saturday, August 27	Palmetto Bay Broncos Football – Games 9:00am-5:00pm

Community Exercise Programs	
Baptist Health	
Mondays	Stretch & Relaxation at Coral Reef Park 9:30am-10:30am
Tuesdays	Cardio Pump at Coral Reef Park 11:00am-12:00pm Trim & Fit at Coral Reef Park 12:00pm-1:00pm
Wednesdays	Yoga Pilates Fusion at Coral Reef Park 9:00am-10:00am Stretch & Relaxation at Palmetto Bay Park 9:30am-11:00am Zumba Gold at Coral Reef Park 10:00am-11:00am
Thursdays	Dance Aerobics at Coral Reef Park 11:00am-12:00pm Trim & Fit at Coral Reef Park 12:00pm-1:00pm
Fridays	Stretch & Relaxation at Palmetto Bay Park 9:30am-11:00am

Park Information				
<u>Coral Reef Park:</u> 7895 SW 152 Street Palmetto Bay Open Daily: Sunrise to Sunset Tennis 8am to 10pm 305-235-1593	<u>Palmetto Bay Park:</u> 17535 SW 95 Ave Palmetto Bay Open: M-Sat 8am to 9pm Sun 8am to 8pm 305-251-2751	<u>Thalatta Estate:</u> 17301 Old Cutler Road Palmetto Bay Sun-Thurs. 8am -5pm Fri & Sat 9am to 2pm www.thalattaestate.com	<u>Perrine Wayside Park:</u> 16425 So. Dixie Highway Palmetto Bay, Open Daily: 8am to Sunset 305-259-1234	<u>Ludovici Park:</u> 17641 Old Cutler Road Palmetto Bay Open Daily: Sunrise to Sunset