

Palmetto Bay Park Recreational Programs	
Ballet at the Park	Mondays –Thursdays 4:00pm-7:00pm
19 Sports – Flag Football/Soccer/T-Ball	Saturdays 9:00am-1:00pm <b>(Begins on June 18)</b>
MDI Basketball	Mondays – Fridays 6:00pm-9:00pm
Miami Lady Canes Softball	Mondays – Thursdays 6:00pm-10:00pm
Miami Stingrays Softball	Mondays – Thursdays 6:00pm-10:00pm
Miami Waves Softball	Mondays – Thursdays 4:00pm-8:00pm

Coral Reef Park Recreational Programs	
Mondays – Fridays	Tennis Lessons – 8:00am-12:00pm & 3:00pm-9:00pm
Mondays, Wednesdays & Fridays	Palmetto Bay Soccer – Practice 4:00pm-7:00pm <b>(Until June 10)</b>
Mondays & Wednesdays	Coral Estates Soccer – 5:30pm-7:00pm
Saturday , June 4	Palmetto Bay Soccer – Tournament 9:00am-4:00pm
Saturday, June 25	*Nature Postings – Surf & Turf Zumba Kayak Workout 9:00am-11:00am <b>(For registration and more information visit <a href="http://www.palmettobay-fl.gov">www.palmettobay-fl.gov</a> or call 305-259-1234)</b>

After School Programs at Coral Reef Park	
Wednesday, June 1	Tennis 2:30pm-3:30pm
Thursday, June 2	Lacrosse 4:15pm-5:15pm

Community Exercise Programs	
Baptist Health	
<b>Mondays</b>	Stretch & Relaxation at <b>Coral Reef Park</b> 9:30am-10:30am
<b>Tuesdays</b>	Cardio Pump at <b>Coral Reef Park</b> 11:00am-12:00pm Trim & Fit at <b>Coral Reef Park</b> 12:00pm-1:00pm
<b>Wednesdays</b>	Yoga Pilates Fusion at <b>Coral Reef Park</b> 9:00am-10:00am Stretch & Relaxation at <b>Palmetto Bay Park</b> 9:30am-11:00am Zumba Gold at <b>Coral Reef Park</b> 10:00am-11:00am
<b>Thursdays</b>	Dance Aerobics at <b>Coral Reef Park</b> 11:00am-12:00pm Trim & Fit at <b>Coral Reef Park</b> 12:00pm-1:00pm
<b>Fridays</b>	Stretch & Relaxation at <b>Palmetto Bay Park</b> 9:30am-11:00am

Park Information				
<b>Coral Reef Park:</b> 7895 SW 152 Street Palmetto Bay Open Daily: Sunrise to Sunset Tennis 8am to 10pm 305-235-1593	<b>Palmetto Bay Park:</b> 17535 SW 95 Ave Palmetto Bay Open: M-Sat 8am to 9pm Sun 8am to 8pm 305-251-2751	<b>Thalatta Estate:</b> 17301 Old Cutler Road Palmetto Bay Sun-Thurs. 8am -5pm Fri & Sat 9am to 2pm <a href="http://www.thalattaestate.com">www.thalattaestate.com</a>	<b>Perrine Wayside Park:</b> 16425 So. Dixie Highway Palmetto Bay, Open Daily: 8am to Sunset 305-259-1234	<b>Ludovici Park:</b> 17641 Old Cutler Road Palmetto Bay Open Daily: Sunrise to Sunset