

Palmetto Bay Park Recreational Programs	
Ballet at the Park	Mondays & Thursdays 4:00pm-7:30pm Tuesdays 3:00pm-7:30pm Wednesdays 3:00pm-7:00pm
i9 Sports – T-Ball, Soccer and Flag Football	Saturdays 9:00am-1:00pm
MDI Basketball	Mondays – Fridays 6:00pm-9:00pm
Miami Lady Canes Softball	Mondays – Thursdays 6:00pm-10:00pm
Miami Stingrays Softball	Mondays – Thursdays 6:00pm-10:00pm
Miami Waves Softball	Saturdays 9:00am-12:00pm
Soccer Golazo	Tuesdays & Thursdays 4:30pm-7:00pm
Special Olympics Softball Skills Competition	Tuesday, October 4 & Wednesday, October 5 8:30am-1:00pm

Coral Reef Park Recreational Programs	
Mondays – Fridays	Tennis Lessons – 8:00am-12:00pm & 3:00pm-9:00pm Palmetto Bay Broncos Football/Cheerleading – Practice 5:30pm-7:30pm
Mondays – Thursdays	Palmetto FC Soccer – 5:00pm-6:30pm
Mondays, Wednesdays & Fridays	Palmetto Bay Soccer Club – 4:00pm-7:00pm
Tuesdays	Yoga with Marlene – 6:30pm-8:00pm
Thursdays	Yoga with Marlene – 6:00pm-7:00pm (no class on October 13)
Saturdays	Palmetto Bay Soccer Club – 9:00am - 1:00pm
Sundays	Bay Lions of Florida Soccer Club – 9:00am-11:00am
Saturday, October 8	Palmetto Bay Broncos Football/Cheerleading – Games 10:00am-4:00pm
Monday, October 17	Cross Country Meet – Westminster Christian School 3:00pm
Sunday, October 30	Food Allergy Fair – 8:00am-12:00pm

After School Programs at Coral Reef Park	
Mondays	Soccer 3:30pm-4:30pm
Wednesdays	Tennis 2:30pm-3:30pm
Thursdays	Discovery Lab 2:30pm-5:00pm
Fridays	Nature Postings 3:30pm-5:00pm

Community Exercise Programs	
Baptist Health	
Mondays	Stretch & Relaxation at Coral Reef Park 9:30am-10:30am
Tuesdays	Cardio Pump at Coral Reef Park 11:00am-12:00pm Trim & Fit at Coral Reef Park 12:00pm-1:00pm
Wednesdays	Yoga Pilates Fusion at Coral Reef Park 9:00am-10:00am Stretch & Relaxation at Palmetto Bay Park 9:30am-11:00am Zumba Gold at Coral Reef Park 10:00am-11:00am
Thursdays	Dance Aerobics at Coral Reef Park 11:00am-12:00pm Trim & Fit at Coral Reef Park 12:00pm-1:00pm
Fridays	Stretch & Relaxation at Palmetto Bay Park 9:30am-11:00am

Park Information				
<u>Coral Reef Park:</u> 7895 SW 152 Street Palmetto Bay, FL Open Daily: Sunrise to Sunset Tennis 8am to 10pm 305-235-1593	<u>Palmetto Bay Park:</u> 17535 SW 95 Ave Palmetto Bay, FL Open: M-Sat 8am to 9pm Sun 8am to 8pm 305-251-2751	<u>Thalatta Estate:</u> 17301 Old Cutler Road Palmetto Bay, FL Sun-Thurs. 8am -5pm Fri & Sat 9am to 2pm www.thalattaestate.com	<u>Perrine Wayside Park:</u> 16425 So. Dixie Highway Palmetto Bay, FL Open Daily: 8am to Sunset 305-259-1234	<u>Ludovici Park:</u> 17641 Old Cutler Road Palmetto Bay, FL Open Daily: Sunrise to Sunset