Palmetto Bay
TWILIGHT
COLOR RUN

****IMPORTANT INFORMATION FOR RACE PACKET PICK-UP & EVENT DETAILS****

PACKET PICK UP Sponsor is Fit2Run - the official running store of Palmetto Bay's Twilight Color Run

If you need amazing running shoes, or just can't wait for event day to pick up your runner bib and event t-shirt, make sure to visit Fit2Run for a kind discount on your purchases tomorrow!!

**** Pre-Race Packet-Pick Up is ONLY AVAILABLE for participants that register before 3pm on Wednesday, November 2nd**. If you registered after this deadline, you will have to pick up your race packet on event day. Sorry☹. **Good news though is that you still have until 5pm on Friday, November 4th to register online at http://www.active.com/palmetto-bay-fl/running/distance-running-races/palmetto-bay-s-5-k-twilight-color-run-2016?int=**

Friday, November 4th
11:00am - 8:30pm
Fit2Run Dadeland Mall
7535 N. Kendall Drive - Suite 2440
Miami, FL 33156

Where to park: Middle Parking Garage (between Nordstrom & Macy's)
Store location: Suite 2240 (New Wing Main Entrance)
Store phone number: (305) 667-4786

** In case you know of friends and family that may want to join you for this fun race after the online cut-off date/time, let them know that they can still register on the day of the event!

Frequently Asked Questions

Do I need to be an "awesome" runner to do this race?
NOOOO WAYYYYYY. The Palmetto Bay Twilight Color Run is all about a color crazy day with friends, family ohhhhh and some Pokémons this year. You can run, walk, crawl, or cartwheel if you wish!

What is included with my Twilight Color Run registration?

Each registered runner will receive an event t-shirt, commemorative medal, ONE color packet, and really cool safety glasses. Kid's participating in the kid's races will receive: a commemorative medal, ONE color packet, and really cool safety glasses. ** A color cannon at the start/finish line, along with 5 other color stations will be located throughout the course where volunteers will splash you with colored powder….**the START LINE being the biggest splash of color!**

Can I run with my dog/cat/turtle?
For the safety of our runners and animal friends, we do not allow animals at this race or at the Park. ☹

Is there a packet pick up for the event? How does all this work?

Yes. The exact details are listed above in **Red** and highlighted in yellow. Pre-Race packet pick-up will be **ONE day ONLY.** If you can't make it to the coolest FIT2Run store at Dadeland Mall on **Friday, November 4th,** you'll then just pick up your packet at the Fit2Run tent on event day. This must be done before 3:45pm.

Will there be additional color packets for sale?

Yes, supply is limited. $5 each color packet.

What is the distance of the Twilight Color Run and what happens after the race?

The distance of this race is shy of a 5K, sooooo…. the slowest of the slowest should not take longer than 1.5 hours to complete this course. This race course starts inside a parking lot at Coral Reef Park (exact course coming soon)but through both concrete and grass terrains. There will be two water stations; one at the 1st mile and the other at the 2nd mile. Once you cross the finish line looking all bright & colorful, you'll receive your commemorative medal, just like an Olympian, crossing the finish line☺. Once you cross that finish line you're ready to head right over to all the amazing food trucks to start enjoying some great food and music by the DJ. OHHHHH and don't forget to catch those Pokémon at the pokestops located inside Coral Reef Park.

What is the best color to wear for the type of race?

WHITE is definitely the best color!! You can wear your cool event t-shirt too!! You can also be creative and include team logos on your t-shirts. Be cool and unique and come wearing your colorful tutu, crazy long socks, head band, wrist band, glow sticks, etc. It's really just more fun to run starting in white and ending, well…. let's just say **COLORIFFIC !!!!!** ***Check out YouTube videos on color runs so you have a better idea what you'll be experiencing at this event. Also check out this story…. (stay tunned…coming soon)***

Where can I park and what is the best time to arrive at the event?

Satellite parking will be available at **Coral Reef Park Elementary School** located right next to the park off SW152nd street, **Holy Rosary St. Richard Catholic Church,** also located across from Coral Reef park at 7500 SW 152nd Street **and Coral Reef Park's additional parking lot off of SW 77th Avenue.** *****Please note that you will not be able to leave this parking lot until after 5:30pm, which is when the road reopens after the race.*** The main road (Franjo Road) where both Start/Finish line of the Twilight Color Run takes place will be shut down from 12pm-11:00pm.

If you have a friend or family member that wishes to register on event day, we recommend they get to the event between 3:00-3:30pm. All pre-registration packet pick-up's and on-site registrations will shut down by 3:45pm. **Race starts at 4pm SHARP with the Kid's races first! WHOOOHOOOO!**

Come hungry too!! Delicious food trucks will be there selling food and beverage starting at 2:30pm. ***Alcohol sales for 21 and over ONLY. ID will be required. We ask that you please drink responsibly!***

Is The Color Run safe?
The health and safety of our participants and our employees is a priority. All participants will be given really cool safety glasses to wear for the race when they check-in. The powder is non-toxic and free of any heavy metals. The bright colors are a combination of cornstarch, baking soda, and FD&C dyes. We recommend also wearing your own sunglasses or goggles if you prefer. A bandana over your mouth and nose in the *color hit zones* is also recommended just for extra protection. ** As with any substance, you want to keep it out of your eyes and our *color station throwers* are trained to aim low as you pass by the color station.

Will the color ruin clothes or running shoes?
The color does mostly wash out after the event. As with anything dirty, the sooner you wash it the better. We suggest wearing items that you wouldn't mind getting colorful. If you would like to preserve the color in your running shirt, spray it with vinegar and iron it. If you wash your shirt….the color will eventually come out.

How does the color affect the inside of cars?
Most people bring some towels for the insides of their cars, or a change of clothes just in case. A change of clothes would be a really good idea if you plan on staying later to catch some Pokémon. Ohhhh parents… don't forget to bring your blankets and lawn chairs to relax, eat, and enjoy the music while the kiddos catch Pokémons on their phone…or maybe yours with their friends.

Are cameras and phones safe to have in the color zones?
To be safe, we always recommend covering cameras/Go Pros (these are so cool to have at these races), phones, etc. with a protective dust wrap (ummm… ziplock bags are much cheaper). Those colorful powder particles are sneaky!

Is the Twilight Color Run timed?
The Twilight Color Run is not a timed race. Runners tend to take their sweet time out there and that's only because …. LET ME TAKE A SELFIE! Most really don't care about their speed 😃. We suggest self-timing for anyone desiring a finish time but, there will be clocks at the 1st mile marker and 2nd mile marker for those that are competitive at heart!

Are there refunds? How do I transfer my registration to another person?
This event is held as advertised… we do not issue refunds. Race registrations are non-transferable. Sorry ☹

What if I am pregnant?
It's totally up to what you and your doctor to decide. The powder is all certified non-toxic. We recommend wearing sunglasses or goggles, and a bandana over your mouth and nose in the color zones just for extra protection.

What if I'm a spectator?

Well….. let's just say you may come out of this event looking a bit **COLORIFFIC TOO,** especially if you're close to the start line. **Here's our disclaimer**…Please don't wear any expensive apparel or other items, as we can't guarantee that the colored powder will come off completely.

Is this Twilight Color Run & Concert supporting any cause?

Yes! With your amazing support (over 400 from last year's race), proceeds from this event will help Miami Palmetto Senior High School's capital improvement projects. Last year's fundraising efforts were used to refurbish and re-equip the wellness facility at the school, used by all Physical Education classes and many of the sports teams for training and conditioning. Check out the Ribbon Cutting Ceremony image below that took place on Thursday, September 22nd . For more pictures visit https://www.facebook.com/Village-of-Palmetto-Bay-80499470744/photos/?tab=album&album_id=10153963366590745

Palmetto Bay TWILIGHT COLOR RUN

TO BENEFIT MIAMI PALMETTO SENIOR HIGH

5K + MUSIC + FOOD TRUCKS

SATURDAY, NOVEMBER 5, 2016

RACE • CORAL REEF PARK • 4PM
7895 S.W. 152ND STREET

CATCH THEM ALL! POKEMON GO! LURE PARTY FOLLOWNG THE COLOR RUN • 5-7 PM

$35 BEFORE OCTOBER 2ND
$45 AFTER OCTOBER 3RD
$60 DAY OF THE RACE

Stay after the color run for music, delicious foods offered by Food Truck Invasion and find some Pokemons!
Bring your blankets and lawn chairs. No pets allowed in the park.

FOR MORE INFORMATION AND TO REGISTER, GO TO **WWW.PALMETTOBAY-FL.GOV**

Village of Palmetto Bay Florida

MIAMI PALMETTO SENIOR HIGH SCHOOL | PTSA

FIT2RUN

THE CORRADINO GROUP

WILLIAMSON AUTOMOTIVE

PWD

EXPORT Yacht & Ship

CHRIST FELLOWSHIP

RACE COURSE

COMING SOON