Yoga by the Bay

at *Thalatta Estate Park*

Maria Luisa Tovio – Yoga Instructor

Yoga is a practice designed to enhance health and wellbeing.
Come and enjoy gentle yoga at this beautiful location with a magnificent view.

Sundays
9:30–11:00am
May 17 & 24
June 7 & 14
August 2 & 9

Participants required to sign a one-time waiver form.
Bring your own yoga mat & water bottle.

Please note that there may be a small fee for this program. Email events@palmettobay-fl.gov for more information.

RSVP at events@palmettobay-fl.gov
Info. at www.palmettobay-fl.gov * 305-259-1234
Thalatta Estate Park–17301 Old Cutler Road, Palmetto Bay