



Exercise: A Healthy Habit to Start at Any Age

Tuesday, September 13, 10:30-11:30 a.m.

Edward and Arlene Feller Community Room

Second floor, Ludovici Park

17641 Old Cutler Road, Palmetto Bay

Mary Desimone
exercise physiologist

The program is free. Space is limited and reservations are required.

Please call 786-596-3812 or email program@baptisthealth.net.



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