

Saturday, September 17
9 a.m. – 10:30 a.m.

RSVP by Sept. 14

Raised Bed Vegetable Gardening

Learn the formula to a fabulous kitchen garden in your own yard



Funding for the acquisition of Thalatta Estate was provided by State of Florida, Florida Communities Trust's Florida Forever Grant Program, which affords opportunities for communities to protect important natural resources, preserve water front properties and create viable recreational amenities.



Community Workshops for Healthy Living

at the Edward and Arlene Feller Community Room



Ludovici Park - 17641 Old Cutler Road

11:00 AM - 1:00PM

- February 25th **Aging & Eating**
- March 31st **Medicare 101**
- April 28th **The Art of Aging Well**
- May 26th **Avoiding the Fall**



The Village of Palmetto Bay Parks & Recreation has partnered with *Eastridge Retirement Village* to host four Community Workshops for Healthy Living; all geared towards older adults.

Each session includes an educational workshop on health & wellness; and lunch will be provided.

**Space is limited. Registration required.*

To reserve your spot, REGISTER at

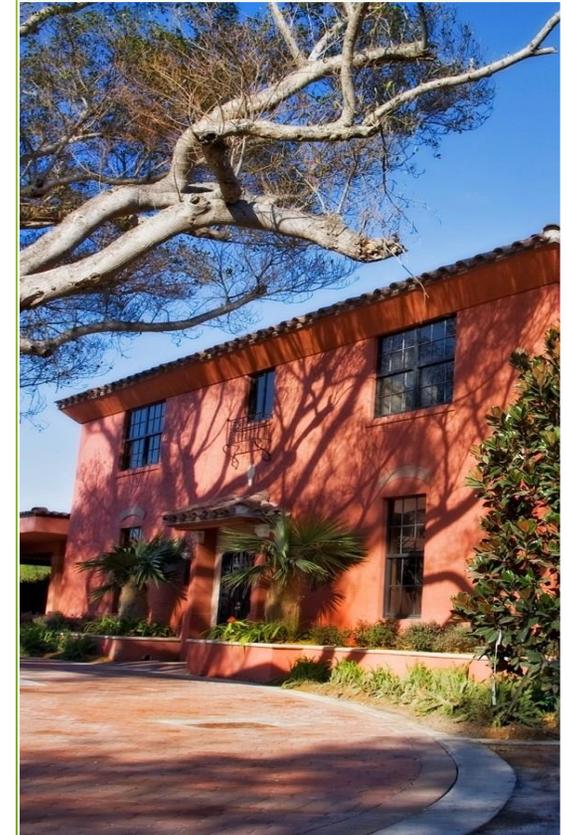
www.palmettobay-fl.gov or call 305-259-1234

Community Workshops for
Healthy Living
at Ludovici Park

UF | IFAS Extension
UNIVERSITY of FLORIDA



The Village of Palmetto Bay
Parks & Recreation *presents:*



Responsible Gardening
Lectures

Thalatta Estate

17301 Old Cutler Road
Palmetto Bay, FL

305-259-1234

www.palmettobay-fl.gov



Wednesday, March 9
7:00 p.m. – 8:30 p.m.

RSVP by March 6

*Gardening in Zone 10 – It's
Different Here*

*Learn how to understand
this magical sub-tropic
place we call home.*



Wednesday, June 8
7:00 p.m. – 8:30 p.m.

RSVP by June 5

*Butterfly Gardening in
Zone 10*

*Learn how to attract
butterflies to your hand and
sustain their life style.*



Thursday, August 18
7:00 p.m. – 8:30 p.m.

RSVP by Aug. 15

*Compost Happens
Learn how to make organic
soil from your own
kitchen & yard waste.
Easy, fun and great
for your garden.*



Minimum of 8 participants is required for each workshop. **All workshops are FREE.*

Registration is required. Register online at www.palmettbay-fl.gov.