



**nami**

National Alliance on Mental Illness

**Miami-Dade  
County**



*Find Help. Find Hope*



- **34% of MDC residents have no health insurance (2019)** (Baptist Community Health Needs Assessment)
  
- US Annual prevalence of mental illness among adults:
  - White: 22.2%
  - Hispanic or Latino: 18.0%
  - Black or African-American: 17.3% - minorities seek treatment half as much as white individuals
  - Multiracial: 31.7%
  - Lesbian, Gay or Bisexual: 44.1%
  
- Florida:
  - Almost 50% will have other mental health conditions at some time in their lives
  - 660,000 adults and 181,000 children live with serious mental health conditions - severe depression, bipolar disorder, or schizophrenia
  
- Miami-Dade County:
  - 9.1 percent (more than 240,000 individuals) experience serious mental health conditions e.g., schizophrenia, bipolar disorder, major depression
    - only 13 percent receive care in the public system
  - Suicide in the 10th leading cause of death
  - 8.6% suicide rate in adolescent population (2018)
  - 24.6% of older adults experienced depression (2018)



# National Signature Programs

- Support Groups
- Family-To-Family
- Peer-To-Peer
- Ending the Silence
- Smarts for Advocacy
- Homefront & Homefront On Demand
- Basics & Basics On Demand
- Provider Education Program
- Faithnet / Sharing Hope
- In Our Own Voice

*\* Currently Offered Programs are in Blue*



- Peer and Family Mentoring Program
- Helpline/Emotional Support Warmline
- Crisis Intervention Team (CIT) Training for Law Enforcement
- First Miami-Dade Walk for Mental Health
- Reel Minds: Miami Mental Health Film Festival
- NAMI on Campus
- Community Outreach/Speaker Meetings/Wellness Seminars
- MSW/MPH/Undergrad Intern practicums
- Advocates for Mental Health South Florida  
*(affiliated with the Florida Mental Health Advocacy Coalition)*





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County

*Thank you!*

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