



AGE FRIENDLY INITIATIVE
Miami-Dade County

Age-Friendly Communities

Miami-Dade Age-Friendly Initiative
Village of Palmetto Bay

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Miami-Dade

Age-Friendly Initiative

The Miami-Dade Age-Friendly Initiative is a collaborative effort to create a community where older adults of all ages can stay active, engaged, and healthy with dignity and enjoyment.



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Miami-Dade County

www.AgeFriendlyMiami.org

WHAT IS AN AGE-FRIENDLY COMMUNITY?

“An age-friendly city is an inclusive and accessible environment that promotes active aging.”

Well-designed, livable communities promote health and sustain economic growth, and they make for happier, healthier residents — of all ages.



NEED FOR AN AGE-FRIENDLY FOCUS

- Across the globe, **people are living longer** and our populations are growing older.
- Miami-Dade has the **largest population of older adults** in the State of Florida **with over half a million older adults age 60 and over in the County.**
- That population is **expected to continue to grow to over 800,000** by 2040, **representing 25% of the total population of Miami-Dade.**

Older adults are a PRIZED DEMOGRAPHIC with an active voting record, significant buying power, and a wealth of job experience.



**THEY ARE AN IMPORTANT PART
OF WHAT MAKES MIAMI-DADE
DIVERSE AND DYNAMIC.**

NEED FOR AN AGE-FRIENDLY FOCUS

- But, most communities were not built for this shift in demographics. Our economies, policies, and communities were not built to accommodate an aging population or aging in place.
- How well Miami-Dade responds to the aging phenomenon and meets the needs of older adults will depend on how well we prepare our communities to do so;
- And how we can work collectively toward sustainable change to ensure our community is a place where people of all ages can live with the quality of life that they need and deserve.



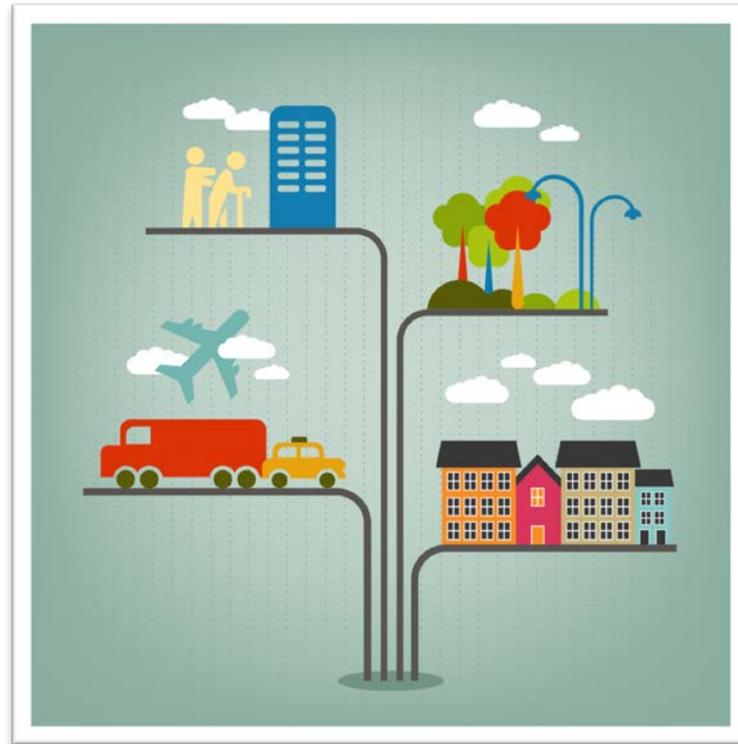
THE BIG IDEA IN 4 MINUTES

The Big Idea in 4 Minutes

<https://www.youtube.com/watch?v=ZOA1v4-2Fos>

NEED FOR AN AGE-FRIENDLY FOCUS

The Advantage: Age-friendly communities are good for *everyone!*



WHAT MAKES A COMMUNITY LIVABLE?



Adapted from: Suzanne Garon, University of Sherbrooke



OUTDOOR SPACES & BUILDINGS

People need places to gather – indoors and out. Parks, sidewalks, safe streets, outdoor seating and accessible buildings (think elevators, stairs with railings, etc.) can be used and enjoyed by people of all ages.





TRANSPORTATION

Driving shouldn't be the only way to get around. Public transit options can be as expansive as a train system or as targeted as a taxi service that provides non-drivers with rides to and from a doctor's office. Opportunities to walk and use active transportation should also be available.





HOUSING

Most older adults want to age in place. Doing so is possible if homes are appropriately designed or modified – and if a community includes affordable housing options for varying life stages.





SOCIAL PARTICIPATION

Regardless of one's age, loneliness negatively affects a person's health and sense of wellbeing. Isolation can be combatted by the availability of accessible, affordable and fun social activities.





RESPECT & SOCIAL INCLUSION

Intergenerational activities are a great way for young and old to learn from one another, honor what each has to offer and, at the same time, feel good about themselves.





CIVIC PARTICIPATION & EMPLOYMENT

An age-friendly community provides ways older people can, if they choose to, work for pay, volunteer their skills and be actively engaged in community life.





COMMUNICATION & INFORMATION

Age-friendly communities recognize that not everyone has a smartphone or Internet access and that information needs to be disseminated through a variety of means.



COMMUNITY SUPPORT & HEALTH SERVICES



At some point, everyone gets hurt, becomes ill or simply needs a bit of help. While its important that care be available nearby, it's essential that residents are able to access and afford the services required.

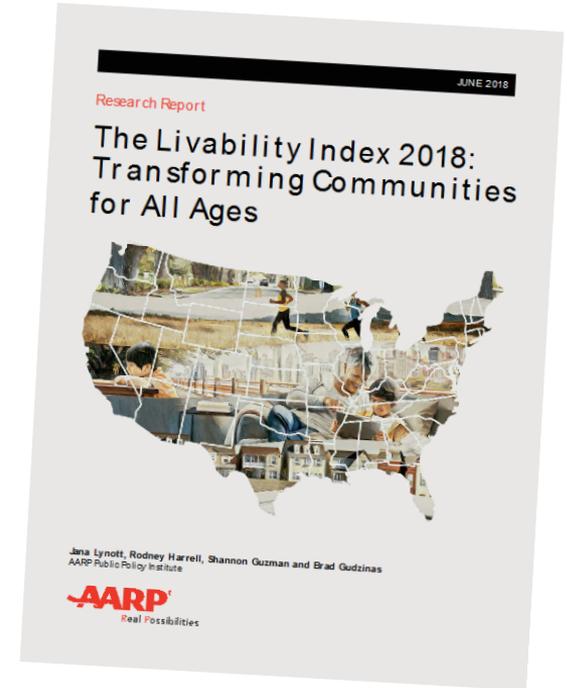


Benefits of Investing in Livable Communities

- According to AARP, A livable community is one that is safe and secure, has affordable and appropriate housing and transportation options, and offers supportive community features and services.
- Once in place, those resources:
 - **enhance personal independence;**
 - **allow residents to age in place; and**
 - **foster residents' engagement in the community's civic, economic, and social life.**

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Lessons from Livable Communities

Convenient “Live, Work, and Play” Neighborhoods Common among Top-Performing Large Cities



New housing is rapidly rising near Denver's Union Station and underground bus concourse.

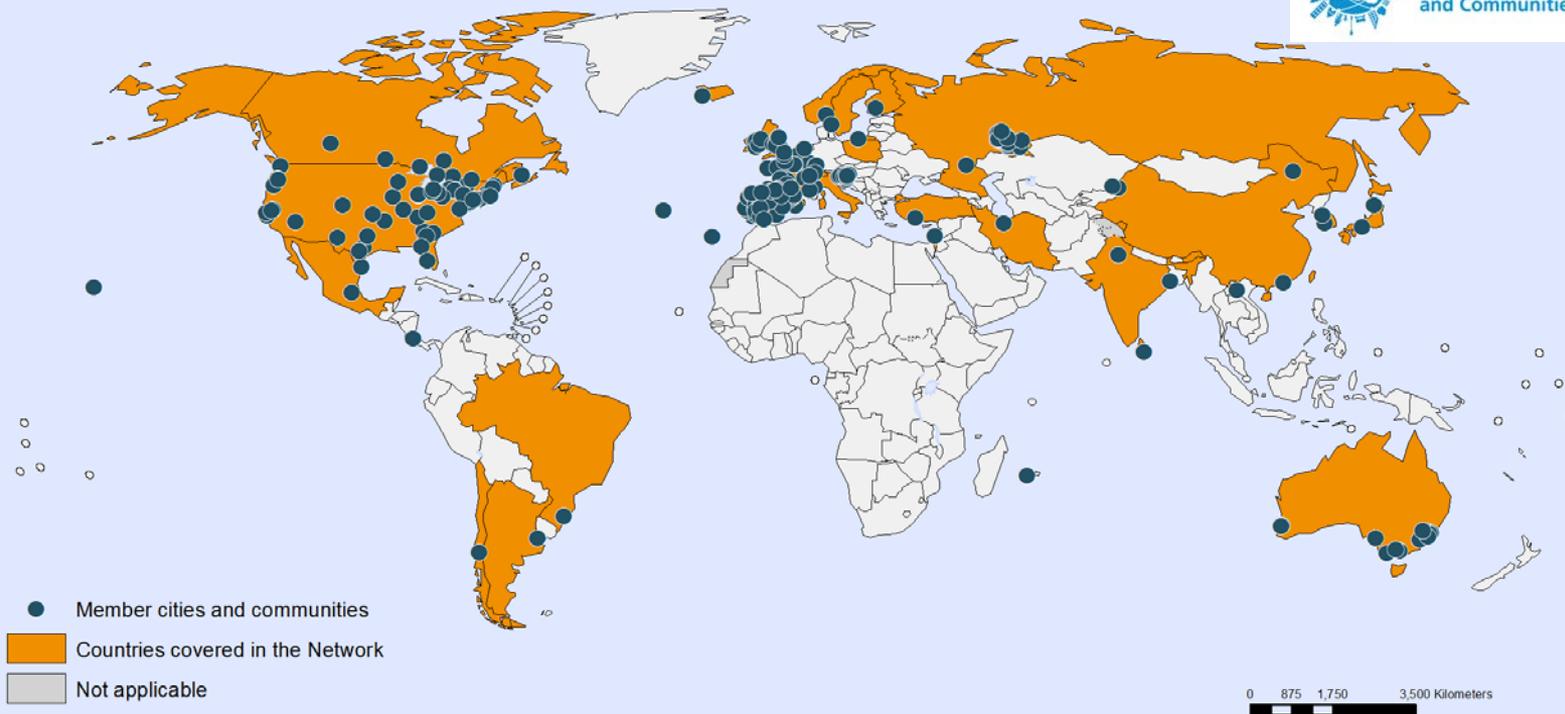
Photo by JANA LYNN

Overwhelmingly, large cities score high on neighborhood and transportation indicators. The Livability Index's Neighborhood indicators largely measure proximity to a variety of destinations. These are neighborhoods that city planners describe as “live, work, and play” locations, where one **can easily walk to services and amenities** because the neighborhoods **are compactly designed, mixed land use locations.**

WHO Global Network of Age-friendly Cities and Communities



WHO Global Network
for Age-friendly Cities
and Communities



The boundaries and names shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

Data Source: World Health Organization
Map Production: Health Statistics and
Information Systems (HSI)
World Health Organization



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Network of Age-Friendly Communities



Updated January 3, 2017





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Miami-Dade County

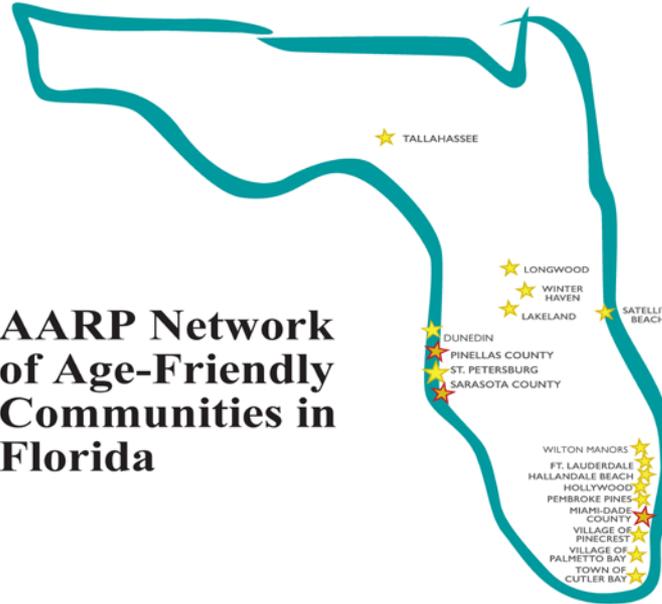
www.AgeFriendlyMiami.org **Miami-Dade Joins Age-Friendly Network**
February 22, 2017

AGE-FRIENDLY NETWORK IN FLORIDA



- Cutler Bay
- Dunedin
- Fort Lauderdale
- Hallandale Beach
- Hollywood
- Lakeland
- Longwood
- Miami-Dade County
- **Palmetto Bay**
- Pembroke Pines
- Pinecrest
- Pinellas County
- Sarasota County
- Satellite Beach
- St. Petersburg
- Tallahassee
- Wilton Manor
- Winter Haven

AARP Network of Age-Friendly Communities in Florida



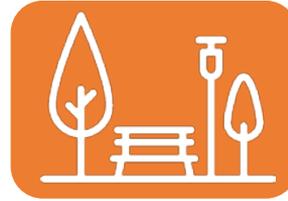
MIAMI-DADE AGE-FRIENDLY INITIATIVE



Leadership



Older Adults in All Policies



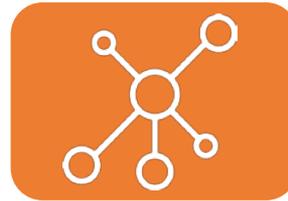
Age-Friendly Parks



Age-Friendly Streets & Neighborhoods



Awareness



Age-Friendly Network & Designation

CURRENT AGE-FRIENDLY PROJECTS

Age-Friendly Activities 2018

- Leadership Development
- Age-Friendly Ambassadors
- Aging Road User Road Safety Audits
- Municipal Commitment & Technical Assistance
- Age-Friendly Mini-Grants
- Older Adults in All Policies
- Awareness & Communication
- Sustainability & Development

GET INVOLVED IN AGE-FRIENDLY COMMUNITIES



Join our
Older Adult
Advisory
Committee



Become an
Age-Friendly
Ambassador



Write to
your Mayor
& Council



Advocate for
Age-Friendly
Opportunities

“(AARP’s work)” is not about how to live longer, but how to make the most of a longer life.

—Jo Ann Jenkins, Chief Executive Officer, AARP



THANK YOU!

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www.AgeFriendlyMiami.org



@AgeFriendlyMIA
#AgeFriendlyMiami